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ABSTRACT

Clients in psychodynamic therapy come from all ethnic and cultural backgrounds, as do therapists, yet cross-cultural issues are often oversimplified or ignored in clinical practice and training. This book is designed to deepen clinicians' understanding of multiculturalism and help them incorporate awareness of diversity into all phases of treatment--from referral and assessment to working through and termination. The author presents a practice model that emphasizes the need to attend to the clinician's own culturally informed beliefs and behaviors, as well as those of the patient. This book seeks to offer clear guidance for understanding and navigating the intersubjective issues that arise in cross-cultural work, providing critical knowledge and skills to guide the delivery of effective psychotherapeutic services. (Contains 336 references and an index.) (GCP)

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